

The Domino Effect: Getting There from Here



- *Did you know your mind-chatter affects others around you even though they cannot hear you?*
- *Does your left-brain rule your life?*
- *Do you have the courage to change your thinking?*

Every thought, word, and action within you set off a domino effect in your energy field that affects you and those around you. When thoughts and actions are repeated constantly they can create a positive or negative chain reaction at every energetic level until it reaches the physical, where stress and/or illness can be the result.

The Energy Field Analysis Programme™ (EFAP) uses seven dimensions of the human energy field to detect and eliminate blockages that cause issues at professional and personal levels. It enhances performance, supports professionals at work, and increases health and vitality.

EFAP integrates over twenty-five years of personal coaching experience, concepts based on Eastern and Western philosophies, medical traditions, and quantum physics. After thorough discussion with the client, seven energetic levels are analysed to determine the source and cause of any imbalance or blockage that may be compromising the ability to perform at the highest level. Through a combination of specific exercises given to the client and the work I do on your behalf, corrections are made that lead to benefits clients have described in the following ways:

- Increased sense of well-being
- Fresh perspectives on family, work, and life in general
- New perspectives and insights into personal issues
- Feeling consistently more relaxed
- A deeper understanding of their goals
- A more balanced frame of mind in the office
- Healing of physical symptoms

Personal belief systems do not affect the outcome of the sessions and there is no need to be physically present for this work; the programme is done by telephone.

Meribeth Dayme, Ph.D, FRSA, Director of the Alchemy Programmes, has been a consultant, coach, and workshop leader to large and small business for over twenty-five years. She has studied meditation, Tai Chi, alternative therapies such as cranial-sacral, NLP, EFT, and Quantum Touch and practiced the mystical, spiritual, and healing arts for more than thirty years. She has been a professor of singing and human anatomy, and has written five books. Her search for a way to amalgamate her various disciplines into one efficient system led to intensive study with renowned teacher Louise Mita, founder of IQM (Integrative Quantum Medicine™). Meribeth then used the core principles of the IQM work to develop specific protocols for professionals.

Meribeth is a well-known authority on the human voice and incorporates over 30 years of teaching into her work with clients from all over the world, who represent a wide range of disciplines, from singers and artists to athletes, as well as business people in and outside the corporate world. Meribeth works privately with individuals, and delivers talks and workshops.

Alchemy Programmes...

For a more comprehensive look at her work, her writing and CD's, visit her websites at www.alchemyprogrammes.com or www.aosinging.com.

Current clients include those from the USA, Canada, and Europe. Her books include: *The Performer's Voice*, and *Creating Confidence (e-book)*.

What has been said about EFAP

Due to Meribeth's energetic interventions, I felt, and others noticed, a lightness in my presence that has been helpful in my personal interactions. Working with Meribeth also helped me to establish clarity around issues at work and at home.

M B Morand, UNHCR

I evolved during those 3 sessions from having a rather frantic need to make a decision about something - anything - NOW!, to being a person who is much more willing to relax - to wait and see where the inner waters need to flow.

B Lewis, Canada

I found working with Meribeth calming, centering and useful. It helped me see myself in a more objective manner and gave me wonderful insights into issues I was addressing in my life that had been troublesome. The sessions were fun, easy and I felt afterwards that the energy which came all the way across the Atlantic Ocean was just as powerful as if Meribeth had right there with me in New York City. It was wonderful.

J LoVetri, Singing Teacher, Author and Lecturer
Director, The Voice Workshop, NY, NY

The sessions with you, plus the "homework" have made an enormous difference in the way I respond to life. Therefore, the quality of my inner life is very different from what it was a few weeks ago.

J Melton, Author and Professor, USA

The Energy Field Analysis Programme™ is a 3-session experience, typically 7 to 10 days apart.
Fee: £250 for the package (US \$500) Most credit or debit cards accepted

Meribeth is available to present The Domino Effect to large and small groups as an introductory talk or a workshop

For further information contact Meribeth as below:



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The Energy Field Analysis Programme™ for Professionals is not a substitute for other modalities of teaching or healing, and you are encouraged to visit your regular consultants, coaches, and health practitioners as needed.

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